



# Lactation Management Courses

These courses are approved through the Lactation Education Accreditation and Approval Review Committee (LEAARC). LEAARC Approval is voluntary and provides a reliable indicator of educational quality to employers, insurers, counselors, educators, governmental officials, and the public, based on the fact that the course provider adheres to established criteria and standards of the profession.

LEAARC is sponsored by the International Lactation Consultant Association® (ILCA®) and the International Board of Lactation Consultant Examiners® (IBLCE®). LEAARC and its sponsors cooperate to establish, maintain and promote appropriate standards of quality for breastfeeding and lactation education and to provide recognition for programs and courses that meet or exceed the minimum criteria. In addition to granting course recognition, LEAARC also serves in cooperation with the Commission on Accreditation of Allied Health Education Programs (CAAHEP) for official recognition of academic lactation programs which meet IBLCE Pathway 2 criteria.

A LEAARC Approved course meets the following criteria:

- The course has existed for more than one year and has been offered more than one time.
- The course offers a minimum of 90 contact hours and covers all areas of the *LEAARC Curriculum*.
- Faculty who teach more than 10 percent of the course are IBCLC certified.

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## Lactation Management Courses

### Academia Edupró

Certificado Profesional en Educador en Lactancia Materna

167.5 hours - Distance learning – Spanish

Initial Approval through June 30, 2017

Approval Number: IA06302017UPR

Contact: Ana M. Parrilla Rodríguez

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San Juan, PR 00928, Puerto Rico

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<http://www.educadorenlactancia.com/>

El Certificado Profesional en Educador en Lactancia Materna es un ofrecimiento donde el/la estudiante tiene la oportunidad de estudiar completamente distancia los conceptos básicos en lactancia materna. Consta de tres cursos, divididos en 167 horas de educación en lactancia materna. El participante tendrá más de 200 horas de estudio y participación activa. Este programa está dirigido a médicos, enfermeras, nutricionistas y otros profesionales de la salud especializados en algún aspecto del cuidado perinatal, que provean atención a las madres o los infantes regularmente. También es un curso idóneo para otros profesionales o líderes de la comunidad que quiera mejorar sus destrezas para apoyar la lactancia. El programa se ofrecerá completamente a distancia usando el formato de Webinar y la plataforma Blackboard. Será uno interactivo en donde los participantes tendrán la oportunidad de intercambiar preguntas y puntos de vista con los conferenciantes y los otros estudiantes.

The “Certificado Profesional en Educador en Lactancia Materna” is a Spanish language offering wherein the student has the opportunity of studying by distance learning the basics concepts of breastfeeding. It consists of three courses, divided into 167 hours of breastfeeding education. The participant will have more than 200 hours of study and active participation. This program is intended for physicians, nurses, nutritionists and other health professionals specialized in some aspect of perinatal care who provide care for mothers and infants regularly. It is also an ideal course for other professionals or community leaders who want to improve their skills to support breastfeeding. The program is completely online using the webinar format and the Blackboard platform. It will be an interactive one where participants will have the opportunity to ask questions and exchange points of view with lecturers and other students.

### Arizona State University

Lactation Education Comprehensive

90 Hours — Combination onsite and distance learning

Continuing Approval through February 1, 2020

Approval Number: CA02012020ASU

Contact: Amy Fitzgerald

Address: 550 N. 3rd Street

Phoenix, AZ 85004-0886, USA

Phone: 602.946.2175

Email: [Amy.fitzgerald@asu.edu](mailto:Amy.fitzgerald@asu.edu)

[www.nursingandhealth.asu.edu/programs/lactation/lactation](http://www.nursingandhealth.asu.edu/programs/lactation/lactation)

Arizona State University’s Lactation Education Comprehensive course provides professional and paraprofessional healthcare providers with basic information about the process of lactation and basic skills for supporting and promoting breastfeeding. Our instructors are experts in their fields, including internationally recognized breastfeeding researchers, professional educators, and re-certified IBCLCs. Topics in this online course include: history of infant feeding in the U.S.; benefits of breastfeeding, basic anatomy and physiology of human lactation; composition of human milk; infant development; observational assessment of breastfeeding, methods to provide evidence-based breastfeeding support for expectant and new mothers; identification of common breastfeeding problems; and guidelines for referrals.



## Lactation Management Courses

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### Breastfeeding Outlook

90 hours

Comprehensive Lactation Course: Cornerstones of Clinical Care and Exam Success

Continuing Approval through December 31, 2019

Approval Number: CA12312019BO

Contact: Linda Menke

Address: PO Box 387

Herndon, Virginia 20172, USA

Phone: 703-787-9894

Fax: 703-787-9895

Email: [accreditation@breastfeedingoutlook.com](mailto:accreditation@breastfeedingoutlook.com)

Website: [www.breastfeedingoutlook.com](http://www.breastfeedingoutlook.com)

Breastfeeding Outlook is a global leader in providing the most up-to-date, cutting-edge, evidence-based information on breastfeeding and lactation. Suited for novices as well as experts, we enable nurses, WIC breastfeeding counselors, lactation consultants, dietitians, doulas, and other healthcare professionals to improve their daily practice in hospitals and clinics. For those seeking IBLCE certification, we provide the critical support they need through either our Comprehensive Lactation Course or our Lactation Exam Review. Those who wish to earn continuing education credits or broaden their knowledge base and hone their clinical skills will discover that our conveniently-packaged programs accommodate their busy lifestyle.

### Bright Future Lactation Resource Centre Ltd

Lactation Management / Exam Preparation Course

90 hours

Continuing Approval through February 1, 2020

Approval Number: CA02012020BFLRC

Contact: Linda J. Smith, BSE, FACCE, IBCLC

Address: 6540 Cedarview Court

Dayton, Ohio 45459, USA

Phone: 937-438-9458

Fax: 937-438-3229

Email: [Lindaj@bflrc.com](mailto:Lindaj@bflrc.com)

Website: [www.BFLRC.com](http://www.BFLRC.com)

Presents a comprehensive presentation of the skills and knowledge needed for evidence-based professional lactation consultant practice. Increases the knowledge and skill of perinatal health professionals, and helps prepare candidates for the examination sponsored by the International Board of Lactation Consultant Examiners. Six full days of instruction conclude with an examination simulation to help identify strengths and gaps in skill and knowledge areas. Interactive activities, clinical slides and videos, and skill-building techniques create a uniquely warm and supportive learning environment. This course was the first lactation course designed on the *IBLCE Exam Blueprint*, and is the longest-running course of its kind.

### Centre for Breastfeeding Education

Lactation Medicine Programme

102 hours

Continuing Approval through June 1, 2020

Approval Number: CA06012020CBE

Contact: Josée Forget

Address: 1255 Sheppard Ave E

Toronto, Ontario M2K 1E2, CANADA

Phone: 416-498-0002

Fax: 416-498-0012

Email: [education@ibconline.ca](mailto:education@ibconline.ca)

Website: [www.ibconline.ca](http://www.ibconline.ca)

The Centre for Breastfeeding Education offers programs and educational courses for those wishing to become an IBCLC and all healthcare professionals working with breastfeeding dyads. We also provide continuing education for those who are already IBCLCs. Our faculty consists of a multi-disciplinary team who are specialized in their respective areas of lactation medicine. Our comprehensive training programs, which are based on current and evidence based research, include a didactic learning component and a practical component (a critical element of the Institute) that fosters a unique level of competency when caring for the breastfeeding dyad. Please visit our website for program descriptions.



## Lactation Management Courses

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### Deborah Robertson, IBCLC

Breastfeeding Specialist Course  
120 hours  
Continuing Approval through October 31, 2018  
Approval Number: CA10312018DR  
Contact: Deborah Robertson BEd (Hons), IBCLC  
Address: 34 Rochester Avenue  
Rochester, Kent ME1 2DW, UK  
Phone: +01-63-48-14221  
Email: [deborahruk@yahoo.co.uk](mailto:deborahruk@yahoo.co.uk)  
Website: [www.breastfeedingspecialist.com](http://www.breastfeedingspecialist.com)

This course comprises 12 days, one Saturday per month in London, done in any order and across one or more year. Teaching is a combination of lecture, game, video, discussion, handouts, practical demonstration, drama, case studies and skills practice, all linking theory to everyday work in lactation. We end with multiple choice questions on the day's topic, thus building exam-taking skills. Homework is set (consisting of reading from the set book, tests, reflective writing and preparing client or staff teaching material) which need to be submitted for assessment in the following month. 'Study buddies' is encouraged through our online group.

### Douglas College

Breastfeeding Course for Health Care Providers  
97 hours  
Continuing Approval through February 28, 2019  
Approval Number: CA02282019DC  
Contact: Kathie Lindstrom  
Address: P.O. Box 2503 – 700 Royal Avenue  
New Westminster, BC V3L 5B2, CANADA  
Phone: 604-777-6529  
Fax: 604-777-6498  
Email: [lindstromk@douglas.bc.ca](mailto:lindstromk@douglas.bc.ca)

This comprehensive course will give you the foundational skills you need to confidently support and empower families to reach their breastfeeding goals. You will learn management of common breastfeeding concerns and challenges, develop a well-rounded and evidence-informed understanding of current optimal infant feeding practices, and be able to link theory to everyday work providing effective breastfeeding support. The course includes: 39 classroom hours; 38 documented observational hours; text book and web site readings; a group project and presentation; mid-term and final exams; (about 58 hours of outside work). This course is offered in communities throughout British Columbia and other Canadian provinces. Credits are granted by nursing programs in many educational institutions. The course is a credit course in the University of British Columbia Midwifery Program.

### Health e-Learning – IIHL

BreastEd Series Lactation Studies  
120 hours — Distance learning  
Continuing Approval through June 30, 2020  
Approval Number: CA06312020HEL  
Contact: Carole Dobrich RN, IBCLC  
Address: 5890 Monkland Avenue, Suite 16  
Montreal, Quebec, H4A 1G2, CANADA  
Phone: Australia: +61-427-853-368  
USA & Canada: (213)261-7605  
Email: [admin@health-e-learning.com](mailto:admin@health-e-learning.com)  
Website: [www.health-e-learning.com](http://www.health-e-learning.com)

Health e-Learning has been providing high quality online education since 1990 and as of March 5, 2013 is managed by the International Institute of Human Lactation Inc. By studying our courses online, you can interact with the course, your tutor, and other students. Links to other quality websites, journal articles, and online references, help you to have a broad understanding of the topics. Case studies, videos, and self-test quizzes are provided to help focus your learning. The forums add an extra dimension to learning as our course facilitators draw your attention to new research, points of interest, and clinical case studies. The forums also provide an opportunity for you to ask and respond to questions related to your courses. You'll be fully engaged learning online with Health e-Learning.



## Lactation Management Courses

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### Healthy Children Project, Inc.

Lactation Counselor Training Course

90 hours

Continuing Approval through March 1, 2020

Approval Number: CA03072020HCP

Contact: Meg Morris

Address: 327 Quaker Meeting House Road, E  
Sandwich, Massachusetts 02537, USA

Phone: 508-888-8044

Fax: 508-888-8050

Email: [info@healthychildren.cc](mailto:info@healthychildren.cc)

Website: [www.healthychildren.cc](http://www.healthychildren.cc)

The Lactation Counselor Training Course is a comprehensive, evidence-based, college level, breastfeeding management course that includes practical skills, theoretical foundations and competency verification. Basic and complex technical issues are explored within the context of problem solving and counseling strategies. This course prepares participants for professional work in the hospital and in public health and community settings. It trains participants in how to gain insight into clients' problems with a strong focus on counseling skills.

### The International Institute of Human Lactation, Inc. / L'Institut international de lactation humaine, Inc.

Lactation Education Program

108 hours

Continuing Approval through April 30, 2020

Approval Number: CA04302020TIIHL

Contact: Carole Dobrich, RN, IBCLC

Address: 5890 Monkland Avenue, Suite 16  
Montréal, Québec H4A 1G2, CANADA

Phone: 514-894-7769

Fax: 514-484-8723

Email: [aussiecan@videotron.ca](mailto:aussiecan@videotron.ca)

The IHL-IILH was established to expand the original Montréal Institute for Lactation Consultants (MILC) lactation education program (founded in 2002) internationally. Our current program is offered in French and English, 2 – 4 times a year, consisting of 14 courses over 7 months (September to February) and a practice exam with review. In addition to lectures/discussion/case studies, there is opportunity for a clinical rotation at a tertiary level hospital-based breastfeeding clinic. Our instructors provide a comprehensive, evidence-based, overview, covering areas of the *IBLCE Exam Blueprint*, thereby preparing candidates with knowledge and skills to sit the exam, toward obtaining the IBCLC credential.

### Komiteen for Sundhedsoplysning

Education for Breastfeeding Consultants

90 hours

Continuing Approval through February 28, 2018

Approval Number: CA02282018

Contact: Ingrid Nilsson

Address: Classensgade 71, 5th Floor  
DK-2100 Copenhagen, DENMARK

Phone: +45-35-26-5400

Fax: +45-35-43-0213

Email: [in@sundkom.dk](mailto:in@sundkom.dk)



# Lactation Management Courses

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## Lactation Education Consultants

Certified Lactation Specialist Course Plus  
90 hours  
Continuing Approval through March 1, 2020  
Approval Number: CA03012020LEC  
Contact: Jan Barger, RN, MA, IBCLC  
Address: 618 N. Wheaton Avenue  
Wheaton, Illinois 60187, USA  
Phone: 630-260-4847  
Fax: 630-260-8879  
Email: [LECoffice@aol.com](mailto:LECoffice@aol.com)  
Website: [www.lactationeducationconsultants.com](http://www.lactationeducationconsultants.com)

This course is 90 CERPs, encompassing all areas of the IBLCE Exam Blueprint. It is a stepping stone to becoming an IBCLC. The goal is to prepare you to practice hands-on as a lactation specialist. You will learn how to assess, evaluate, counsel, and treat the breastfeeding dyad. These valuable clinical skills and exposure to current research on lactation will make you a desirable practitioner. Enjoy three instructors who come from varied work settings and who continue to work with mothers and babies. Various teaching methods, lots of clinical slides, and plenty of humor make the class day go quickly.

## Lactation Education Resources

The Lactation Consultant Training Program – Enriched  
90 hours —Distance learning  
Initial Approval through March 1, 2020  
Approval Number: CA03012020LER  
Contact: Vergie Hughes, RN, MS, IBCLC  
Address: 6320 Genoa Road  
Tracys Landing, Maryland 20779, USA  
Phone: 443-203-8553  
Fax: 410-648-2570  
Email: [LER@LactationTraining.com](mailto:LER@LactationTraining.com)  
Website: [www.lactationtraining.com](http://www.lactationtraining.com)

This comprehensive on-line lactation management course is taught by 15+ experienced and committed lactation consultants, authors, researchers and educators. The course includes an in-depth discussion of all the topics in the IBLCE Detailed Content Outline for the Certification Exam. Instruction is all evidence based and updated continuously as new information becomes available. Case studies enrich the understanding of didactic learning. Students listen to interviews with lactation consultants practicing in a variety of clinical practice settings for insight into actual work experience. This course has been in continuous operation since 1990 and has trained over 6,000 lactation consultants. This course provides a Breastfeeding Specialist certificate upon completion to be used as a stepping stone to IBLCE certification.

## Mohawk College of Applied Arts & Technology

Breastfeeding Program  
108 hours — Distance learning  
Initial Approval through August 31, 2019  
Approval Number: CA08312019MC  
Contact: Emma Gibbons  
Address: Institute of Applied Health Sciences  
1400 Main St, W  
Hamilton, Ontario L8S 1C7, CANADA  
Phone: 905-540-4247 Ext. 26709  
Fax: 905-528-7706  
Email: [emma.gibbons@mohawkcollege.ca](mailto:emma.gibbons@mohawkcollege.ca)  
Website: [www.mohawkcollege.ca](http://www.mohawkcollege.ca)



# Lactation Management Courses

## ProMAMA Center Association

Education in Lactation  
90 Hours – Distance learning and hybrid course  
Continuing Approval through June 30, 2019  
Approval Number: CA06302019  
Contact: Marta Muresan  
Address: Str. Elena Caragiani nr. 20 A, sector 1,  
Bucharest, 014214, Romania  
Phone: +40.726.71.51.52  
Email: [contact@promama.ro](mailto:contact@promama.ro)  
Website: [www.consultant-lactatie.ro](http://www.consultant-lactatie.ro)

ProMAMA Breastfeeding Center is the first and the unique center in Romania that offers educational courses for those who want to become an IBCLC. "Education in Lactation" course has a total of 90 hours theoretical content and is designed on the IBLCE Exam Blueprint and based on current and evidence based research. In addition to theory, it includes interactive training, 2 1/2 month home work (online multiple choice questions in English and Romanian, online case presentation, summary of an scientific article, online workshop, journal of clinical practice activity) and a course exam (simulation of the IBLCE exam) accompanied with a Certificate of Attendance. The course is an onsite course with online transmission, an in depth training program in lactation and breastfeeding management, designed for the IBLCE exam and is also suitable for all health professionals and other persons working with breastfeeding dyads.

## Riverside University Health System-Public Health

Grow Our Own Lactation Consultant Program  
105 hours  
Initial Approval through December 31, 2019  
Approval Number: CA12312019CRC  
Contact: Kayellen Laschec  
Address: 4210 Riverwalk Parkway, 4th floor  
Riverside, California 92505, USA  
Phone: 760-778-2097  
Email: [kayoung@rivcocha.org](mailto:kayoung@rivcocha.org)  
Website: [www.lovingupport.org](http://www.lovingupport.org)

The Grow Our Own Lactation Consultant course is a 15 day, monthly or bi-monthly, 105 hour didactic lactation course which follows the *IBLCE Exam Blueprint*. Evidence based education is at a pace allowing for critical clinical experience, completion of assignments and course work. This course was birthed out of a need for more IBCLCs based in the Public Health setting including the WIC program. The Grow Our Own course offers a collaborative learning environment for WIC staff, Hospital RNs, La Leche League Leaders and Community Health workers.

## University of California San Diego, Extension

Certificate for Lactation Consultant  
128 hours —Distance learning  
Continuing Approval through November 30, 2017  
Approval Number: CA11302017UCSD  
Contact: Nicole Mitchell  
Address: UCSD Extension Healthcare  
9500 Gilman Drive, 0170-E  
La Jolla, California 92093, USA  
Phone: 858-534-9276  
Fax: 858-534-9275  
Email: [nmitchell@ucsd.edu](mailto:nmitchell@ucsd.edu)  
Website: [www.breastfeeding-education.com](http://www.breastfeeding-education.com)

The UC San Diego Lactation Consultant Course is a model lactation consultant training program that meets the requirements of IBLCE. The program is a 3-part program including classroom didactic, homework, and clinical rotations. Please visit our website for complete information, pre-requisites, locations, and dates for the program.