

Breastfeeding Courses Recognized by LEAARC

These courses are recognized through the Lactation Education Accreditation and Approval Review Committee (LEAARC). LEAARC recognition is voluntary and provides a reliable indicator of educational quality to employers, insurers, counselors, educators, governmental officials, and the public, based on the fact that the course provider adheres to established criteria and standards of the profession. This recognition is for courses whose stated mission is to prepare students as breastfeeding educators or counselors. These courses prepare students to educate families and to provide anticipatory guidance, assistance, and support in the normal course of breastfeeding.

LEAARC is sponsored by the International Lactation Consultant Association® (ILCA®) and the International Board of Lactation Consultant Examiners® (IBLCE®). LEAARC and its sponsors cooperate to establish, maintain and promote appropriate standards of quality for breastfeeding and lactation education and to provide recognition for programs and courses that meet or exceed the minimum criteria. LEAARC also provides Approval for comprehensive lactation management courses with 90 or more contact hours. In addition, LEAARC serves in cooperation with the Commission on Accreditation of Allied Health Education Programs (CAAHEP) for official recognition of academic lactation programs which meet IBLCE Pathway 2 criteria.

A breastfeeding course recognized by LEAARC meets the following criteria:

- The course has existed for more than one year and has been offered more than one time.
- The course offers 40-89 contact hours and covers areas of the *LEAARC Curriculum*.
- Faculty who teach more than 10 percent of the course are IBCLC certified.

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Breastfeeding Courses Recognized by LEARC

California State University, Northridge

Lactation Education

45 hours

Initial Recognition through July 31, 2019

Approval Number: IR07312019CSUN

Contact: Merav Efrat, Ed.D, MPH, IBCLC

Address: 18111 Nordhoff Street
Northridge, California 91330-8285, USA

Phone: 818-677-7052

Fax: 818-667-2045

Email: lactation.education@csun.edu

Website: www.CSUN.edu/lactation-education

This course provides students with the opportunity to develop the knowledge and skills needed to serve as lactation educators in the community. Topics covered in this course include: the history of infant feeding, promotion initiatives and epidemiological trends in breastfeeding, basic anatomy and physiology of human lactation, counseling skills, key concepts women need to know to successfully breastfeed, factors influencing breastfeeding initiation and duration rates, and the lactation educator's scope of practice.

Lactation Education Consultants

Certified Lactation Specialist Course

45 hours

Continuing Approval through March 1, 2020

Approval Number: CA03012020LEC

Contact: Jan Barger, RN, MA, IBCLC

Address: 618 N. Wheaton Avenue
Wheaton, Illinois 60187, USA

Phone: 630-260-4847

Fax: 630-260-8879

Email: LECoffice@aol.com

Website: www.lactationeducationconsultants.com

This course is 46 CERPs, encompassing all areas of the IBLCE Exam Blueprint. It is a stepping stone to becoming an IBCLC. The goal is to prepare you to practice hands-on as a lactation specialist. You will learn how to assess, evaluate, counsel, and treat the breastfeeding dyad. These valuable clinical skills and exposure to current research on lactation will make you a desirable practitioner. Enjoy three instructors who come from varied work settings and who continue to work with mothers and babies. Various teaching methods, lots of clinical slides, and plenty of humor make the class day go quickly.

Global Lactation Education Associates, LLC

Breastfeeding Educator Course

45 hours

Initial Recognition through April 1, 2020

Approval Number: IR04012020GLEA

Contact: Amanda L. Watkins, PhD, RD, LDN, IBCLC

Address: 3940 Colinwood Lane,
Raleigh, North Carolina, 27606, USA

Phone: 480-750-1599

Email: Amanda@lactationed.com

Website: www.lactationed.com

Lactation Education Resources

The Lactation Consultant Training Course Phase 1

45 hours —Distance learning

Initial Approval through February 1, 2020

Approval Number: CA02012020LER

Contact: Vergie Hughes, RN, MS, IBCLC

Address: 6320 Genoa Road
Tracys Landing, Maryland 20779, USA

Phone: 443-203-8553

Fax: 410-648-2570

Email: LER@LactationTraining.com

Website: www.lactationtraining.com

This on-line course provides the basic knowledge and skills training for students who want to begin assisting breastfeeding mothers and infants. This course provides a Breastfeeding Specialist certificate upon completion and can be used to begin practice as a Breastfeeding Specialist. Instruction is evidence based and updated continuously. Case studies enrich the understanding of didactic learning. Students have access to these lessons for a full year and may begin at any time. Students are encouraged to also complete Core Phase II to finish the remainder of the topics on the IBLCE Detailed Content Outline for the Certification Exam.

Breastfeeding Courses Recognized by LEAARC

Lactation Education Resources

The Lactation Consultant Training Course Phase 2
45 hours —Distance learning
Initial Approval through February 1, 2020
Approval Number: CA02012020LER
Contact: Vergie Hughes, RN, MS, IBCLC
Address: 6320 Genoa Road
Tracys Landing, Maryland 20779, USA
Phone: 443-203-8553
Fax: 410-648-2570
Email: LER@LactationTraining.com
Website: www.lactationtraining.com

The on-line course provides the remainder of the topics not covered in the Core Phase I Course in preparation for taking the IBLCE certification exam. Instruction is evidence based and updated continuously. Students listen to interviews of practicing lactation consultants in a variety of settings for insight into actual work experience. This course can be used to supplement training for those who have taken another 45-hour course previously and need additional training hours to qualify for the IBLCE certification exam. Students have access to these lessons for a full year and may begin at any time.

Northwest Area Health Education Center

North Carolina Lactation Educator Training Program
69 hours
Initial Recognition through October 31, 2019
Approval Number: IR11012019NAHEC
Contact: Mona Ketner
Address: Medical Center Boulevard
Winston-Salem, NC 27157-1060, USA
Phone: 336-713-7730
Fax: 336-713-7701
Email: mketner@wakehealth.edu
Website: www.northwestahec.org

The North Carolina Educator Training Program is a collaboration between Forsyth Medical Center, the North Carolina Department of Health and Human Services (WIC) and Northwest Area Health Education Center. This is a seven-day course that targets healthcare professionals who work with breastfeeding mothers and offers the necessary knowledge and skills for providing basic breastfeeding management and support. These skills focus on basic prenatal and postpartum counseling and the management of common concerns and clinical problems. The interactive training involves five days of didactic sessions, two days of clinical rotations and an independent study assignment.

Wichita State University School of Nursing

Human Lactation Program
45 hours - Distance learning
Continuing Approval through May 31, 2020
Approval Number: IR05312020 WSU
Contact: Jolynn A. Dowling, MSN, ARNP-NNP, IBCLC
Address: PO Box 41, 1845 Fairmount Street
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Fax: 316-978-3094
Email: jolynn.dowling@wichita.edu
<http://webs.wichita.edu/?u=nursing&p=/humanlactation/>

N720 Human Lactation is a popular, long-standing, graduate online course offered by the Wichita State University School of Nursing. The course is taught by Jolynn A. Dowling; MSN, ARNP-NNP, IBCLC. This course is designed for health professionals with a minimum of two years clinical experience working with breastfeeding dyads who plan to take the IBLCE exam within the year, and those needing a refresher course for recertification. It confers 45 CERPs (40 L-CERPs and 5 E-CERPs) and 3 graduate credit hours from an accredited university. Undergraduates are admitted to the program on a case-by-case basis. All classes are on-line. This course requires instructor approval and student clearance for enrollment.

Breastfeeding Courses Recognized by LEAARC

Wichita State University School of Nursing

Human Lactation Program

60 hours - Distance learning

Continuing Approval through May 31, 2020

Approval Number: IR05312020 WSU

Contact: Jolynn A. Dowling, MSN, ARNP-NNP, IBCLC

Address: PO Box 41, 1845 Fairmount Street
Wichita, Kansas 67260, USA

Phone: 316-978-5717

Fax: 316-978-3094

Email: jolynn.dowling@wichita.edu

<http://webs.wichita.edu/?u=nursing&p=/humanlactation/>

N720 Human Lactation is a popular, long-standing, graduate online course offered by the Wichita State University School of Nursing. The course is taught by Jolynn A. Dowling; MSN, ARNP-NNP, IBCLC. This course is designed for health professionals with a minimum of two years clinical experience working with breastfeeding dyads who plan to take the IBLCE exam within the year, and those needing a refresher course for recertification. It confers 60 CERPs and 4 graduate credit hours from an accredited university. Undergraduates are admitted to the program on a case-by-case basis. All classes are on-line and a scholarly paper/project is required. This course requires instructor approval and student clearance for enrollment.