



2501 Aerial Center Parkway, Suite 103
Morrisville, North Carolina 27560 USA

info@leaarc.org
www.leaarc.org

Sample Associate Degree Program in Human Lactation

This is one example of how you might propose a degree program to a community college. Each educational institution and regional authority has their own process for designating credit hours, pre-requisites, course sequencing, and expectations. General Education course examples fulfill the IBLCE requirements for general education and continuing education topics. This example uses a standard numbering system for a 16-week semester. Some institutions will operate on quarters and some may count only 15 weeks, so it depends on the standard used by that state or region. In this example, 1 hour of lecture per week reflects 16 classroom hours and awards 1 credit. A lab with a range of 2-4 hours per week awards 1 credit, with each lab hour reflecting 16 hours of lab time. (Also see *Curricular Approaches to Programs for Lactation Professionals* on the LEAARC website.)

		Lecture Hours	Lab Hours	External Hours	Contact Hours	Credit Hours
Prerequisites to Program Admission						
Gen Ed	Introduction to Biology	3	0	0	48	3
	Composition I	3	0	0	48	3
	Statistics	3	0	0	48	3
Gen Ed	Wellness and Health Promotion	2	0	0	32	2
Gen Ed	Intro to Psych	3	0	0	48	3
Total Prerequisite Credit Hours		14	0	0	224	14
SEMESTER I						
Gen Ed	Human Anatomy & Physiology I	3	0	0	48	3
Gen Ed	Child Development	3	0	0	48	3
Gen Ed	Nutrition	3	0	0	48	3
Lactation	Introduction to Breastfeeding and Lactation Concepts	4	3	0	112	5
Total Semester I Credit Hours		13	3	0	256	14
SEMESTER II						
Gen Ed	Human Anatomy & Physiology II	3	0	0	48	3
Gen Ed	Sociology	3	0	0	48	3
Gen Ed	Intro to Health Care	3	0	0	48	3
Lactation	Fundamentals of Breastfeeding	4	3	0	112	5
Total Semester II Credit Hours		13	3	0	256	14
SEMESTER III						
Lactation	Breastfeeding and Lactation I	5	0	0	80	5
Lactation	Public Health Concepts in Lactation	4	0	0	64	4
Lactation	Practicum I (Field Experience)	0	0	20	320	3
Total Semester III Credit Hours		9	0	20	464	12
SEMESTER IV						
Lactation	Practicum II (Field Experience)	0	0	20	320	2
Gen Ed	Research I	2	2	0	64	3
Lactation	Transition to Practice	3	0	0	48	3
Total Semester IV Credit Hours		5	2	20	432	8
TOTAL PROGRAM HOURS						62