

Sample Academic Advanced Certificate Lactation Program for Health Professionals

	Lecture Hours	Clinical Hours	Contact Hours	Credit Hours
SEMESTER I				
Communication and counseling	4	0	64	4
Fundamentals of breastfeeding	3	4	112	4
Assessment and documentation	3	4	112	4
Public health and policy	2	0	32	2
Semester I credit hours	12	8	320	14
SEMESTER II				
Problem solving and evidence-based practice	3	15	288	5
Breastfeeding challenges	3	15	288	5
Leadership and teaching	2	0	32	2
Transition to practice	2	0	32	2
Semester II credit hours	10	30	640	14
TOTAL HOURS	352	608	960	28

Sample Degree Program in Lactation

		Lecture Hours	Lab Hours	External Hours	Contact Hours	Credit Hours
Prerequisites to Program Admission						
Gen Ed	Introduction to Biology	3	0	0	48	3
	Composition I	3	0	0	48	3
	Statistics	3	0	0	48	3
Gen Ed	Wellness and Health Promotion	2	0	0	32	2
Gen Ed	Intro to Psych	3	0	0	48	3
	Total Prerequisite Credit Hours	14	0	0	224	14
SEMESTER I						
Gen Ed	Human Anatomy & Physiology I	3	0	0	48	3
Gen Ed	Child Development	3	0	0	48	3
Gen Ed	Nutrition	3	0	0	48	3
Lactation	Introduction to Breastfeeding and Lactation Concepts	4	3	0	112	5
	Total Semester I Credit Hours	13	3	0	256	14
SEMESTER II						
Gen Ed	Human Anatomy & Physiology II	3	0	0	48	3
Gen Ed	Sociology	3	0	0	48	3
Gen Ed	Intro to Health Care	3	0	0	48	3
Lactation	Fundamentals of Breastfeeding	4	3	0	112	5
	Total Semester II Credit Hours	13	3	0	256	14
SEMESTER III						
Lactation	Breastfeeding and Lactation I	5	0	0	80	5
Lactation	Public Health Concepts in Lactation	4	0	0	64	4
Lactation	Practicum I (Field Experience)	0	0	20	320	3
	Total Semester III Credit Hours	9	0	20	464	12
SEMESTER IV						
Lactation	Practicum II (Field Experience)	0	0	20	320	2
Gen Ed	Research I	2	2	0	64	3
Lactation	Transition to Practice	3	0	0	48	3
	Total Semester IV Credit Hours	5	2	20	432	8
	TOTAL PROGRAM HOURS					62

*Lecture Hours and Clinical Hours are based on 16 hours per credit. (LEAARC – 2013)